



The LeeShore Lighthouse



A Quarterly Publication of The LeeShore Center
<http://www.alaska.net/~leeshore/>

*Services for Victims of Domestic Violence and Sexual Assault
Support for the Central Peninsula's Families*

SPRING 2010

VOLUME 10 NO. 1

SPECIAL POINTS OF INTEREST:

- Healthy Relationships/Violence Prevention Program
- Quilts for All
- Governor in Kenai
- Thank you
- Upcoming Events

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The Crisis Line is available 24 hours
283-7257

Office hours for The LeeShore Center
Monday - Friday
9 am - 5 pm.
283-9479 phone
283-5844 fax

Sexual Assault Awareness Month

April is Sexual Assault Awareness Month. No one deserves to be sexually assaulted, NO MATTER WHAT! It is never O.K. to force, pressure or trick anyone into having sexual contact—even if you have spent money on them, even if they are your spouse, even if they have had consensual sex with you before, or even if you think they “owe” you. This is sexual assault, and it is a crime. Sexual assault is any sexual contact without consent.

Some statistics about sexual assault:

- 1 in 6 women and 1 in 33 men will be a victim of sexual assault in their lifetime.
- College age women are 4 times more likely to be sexually assaulted.
- In 2007, there were 248,300 victims of sexual assault.
- Every 2 minutes, someone in the U.S. is sexually assaulted.

The LeeShore Center staff are pleased to accept Sexual Assault Awareness Month proclamations from mayors for the Kenai Peninsula Borough, City of Kenai and City of Soldotna.

(source: rainn.org 3/2009)

ness Month The LeeShore Center will hold it's Community Awareness Workshop on April 5 - 9, 2010 in our community meeting room. The Community Awareness Workshop on domestic violence and sexual assault is a 45-hour educational class focusing on the dynamics of domestic violence and sexual assault. You will learn about the cycle of violence, effects of domestic violence on children, sexual assault, cultural competency, agency programs and victim services. Registration for the workshop is \$35. For more information contact Jennette, Volunteer Coordinator at 283-9479.



LeeShore's community meeting room

The LeeShore Center is proud to be a United Way agency.



Along with Sexual Assault Aware-

The LeeShore Center Healthy Relationships/Violence Prevention Program



Dawn Musgrove,
Youth Outreach
Advocate

“These should be required classes” or “Wow, I guess I need to give my girlfriend more space and not be so controlling”

Dawn Musgrove,
Youth Outreach
Advocate

In 2002, the Kenai Peninsula Borough School District approved a Healthy Relationships/Violence Prevention curriculum developed by LeeShore Center staff. The original curriculum targeted grades 3, 7 and 9 and was expanded for grades K-12. LeeShore also uses the curriculum to provide community youth group education on interpersonal violence.

Some of the topics we present to youth include: conflict resolution, bullying (including cyber bullying), self esteem, sexual harassment, communication skills, healthy relationships, dating violence, sexual harassment, etc. Presentations are age-

appropriate for the materials provided.

The presentations are so much fun to teach! I especially love it when high school health classes get into the role plays or into the consent activity that we use in the dating violence presentation. The students talk, argue and share their opinions and I learn a lot!

I get feedback from the students, like the one from River City Optional that said, “These should be required classes at every High School.” Or the feedback from another student that said, “Wow, I guess I need to give my girlfriend more space and not be so controlling.”

On the grade school level we have taken conflict resolution all the way to kindergarten, using Kelso the frog to get

across the difference between small problems that children are smart enough and capable enough to solve on their own, and big problems they need to take to an adult. We have modified the conflict resolution chart with picture clues to help the kindergartners solve conflict on their own.

In our presentation on bullying we encourage kids to be a “hero” and tell an adult if they see or experience bullying. We talk about the difference between a hero and a tattletale. We discuss why it’s important to let a teacher know when bullying is happening so that teachers can stop it and provide help.

My goal as LeeShore’s Youth Outreach Advocate is to make a difference in the life of a child and help stop the violence.

April is Child Abuse Awareness Month



State Law defines child abuse or neglect to include actions by those responsible for a child’s welfare:

- Physical injury that harms or threatens a child’s health or welfare;
- Failure to care for a child, including neglect of the necessary physical (food, shelter, clothing, and medical attention), emotional, mental and social needs;
- Sexual exploitation, including permitting or encouraging prostitution;
- Sexual abuse, including molestation or incest;
- Mental injury-An injury to the emotional well-being, or intellectual or psychological capacity of a child, as evidenced by an observable and substantial impairment in the child’s ability to function in a developmentally appropriate manner *or*
- Maltreatment-A child has suffered substantial harm as a result of child abuse or neglect due to an act or omission not necessarily committed by the child’s parents, custodian or guardian.

(source: RIDAlaskaofChildAbuse, 3/2009)

Quilts for All



The Kenai Peninsula Piecemakers quilting group blessed us again with their donation of 93 quilts. We give our sincere apprecia-

tion to Donna Tomlinson, Sally Waechter, Betty West, Sue Bowen, Judy Buffington, Myrna Davidson, Ruth Gillespie, Jean Douglas, Ruby Windsor, Jeneane Benedict, Margaret Goodman, Susan Bible, Sheila Holtzen, Pat Kisse, Kenai Fabric Center and Mary Casey for her donation of fabric. These quilts are given to each child re-

siding at our emergency shelter and Transitional Living Center. This quilt is the one thing these children can hold on to. There is a lot of turmoil in their lives and they hold onto these quilts for security.

We would also like to thank Funny River Quilting for their donation of 6 quilts. We appreciate you all for thinking of us.

Pictured from left to right are Sally Waechter, Myrna Davidson, Donna Tomlinson, Betty West, Sheila Holtzen, Sue Bowen and Ruby Gillespie

Our Governor came for visit

Governor Sean Parnell came to Kenai to visit our emergency shelter in January. His goal is to end the epidemic of sexual and domestic violence in Alaska in the next ten years. The Governor's agenda is to increase law enforcement, enhance investigation tools, and tougher prosecution while supporting prevention through public education and awareness.



Governor Sean Parnell and Executive Director Cheri Smith

Domestic Violence is NOT a Traditional Value!



The LeeShore Center received a grant through the Council on Domestic Violence & Sexual Assault, funded by the Violence Against Women Office, Office of Justice Programs, U.S. Department of Justice. This grant has allowed LeeShore to work with the Kenaitze Indian Tribe to develop and pro-

duce brochures and a poster stating that Domestic Violence is NOT a traditional value.

Both the brochure and poster are available upon request at The LeeShore Center (283-9479). We would be happy to deliver these to your office, or you may stop by our office at 325 S. Spruce St. in Kenai.

We'd like to thank Doreen Borkowski, Tribal Advocate, for her aid in developing both the brochure and poster. Doreen was a great help in contacting tribal members to be photographed. Rusty Swan,

Housing Director for Kenaitze Indian Tribe, IRA, arranged for the location of the photo shoot and use of the KIT drum.

Greg Daniels of Kenai was the photographer and graciously donated his time and talent to the project. His "eye" for the project is greatly appreciated.

The men who agreed to stand in the snow for the photograph are: Rusty Swan, Archie Minkler, Jim Segura, Jr., Max Lopez, Curtis Ivanoff, and Douglas Gates. Thank you for helping make our community a safer place to live.

Thank you for helping make our community a safer place to live.



Amber Kraxberger,
Advocate at the
Transitional Living
Center

LeeShore's Wish List

HOUSEHOLD PRODUCTS

Liquid dish detergent Toilet Paper
Laundry Soap Mops
Paper Towels Brooms
Dryer Sheets Color Safe
Comforters Bleach
Towels / Washcloths Pillows
Twin Sheets / Twin Mattress Pads

Miscellaneous

Diapers / Pull ups Baby Wipes
Phone Cards Gas cards
Alarm clocks Batteries
Gift Certificates (haircuts, etc.)

KITCHEN / COOKWARE

Dishes Pots and Pans Rice / Beans Flour / Sugar
Glassware Baking Dishes Turkey / Ham Dry Soup Mix
Kitchen Towels Coffee Mugs Baby Food Formula
Food Storage Containers Coffee / Tea / Creamer

TOILETRY ITEMS

Combs / Brushes Body Lotion Shampoo
Toothpaste / Toothbrush Q-Tips Conditioner
Tampons & Pads Hand Cream

CLOTHING (ADULT, TEEN, & CHILDREN)

Hats Gloves Scarves Socks Underclothes
Boots Shoes Coats Sleepwear Slippers Robes

Thank you for supporting our efforts to end domestic violence in our community:

ERA Alaska, Kenai Peninsula ABATE, Tsalteshi Trails, Elizabeth & James Cooper, Leslie Baker, Kari Mohn, Sharon & Dick Waisane, Fraternal Order of Eagles, Soroptimist International of the Kenai Peninsula, Paula Bute, Richard & Karolann Whetsell, Summer Lazenby, Marge Hays, Dorothy Gray, Jan Daniels, Sue Seggerman, Craig Fanning, Jennifer Joanis, Gus Sandahl, Marti Slater, Chuck Grimm, June Harris, Elijah Stafford, Tom Martin, Owen Boyle, Bruce Rosing, Colleen Sonnevill and to the many, many people who donate their time and items for our clothes closet.

Thank you also to Signatures Hair Salon for giving your time to provide haircuts for the women and children residing with us.
They all appreciate being pampered!

Welcome to our New Staff

Hi my name is Amber Kraxberger and I am the new Direct Service Advocate for the Transitional Living Center. I was born and raised on the Kenai Peninsula except for the years I attended college at Western Washington University. I have a degree in Business and Economics with a Political Science/ Philosophy emphasis. I am

currently working on my Master's degree in Public Administration and hope to run a government or nonprofit agency one day. I was previously employed as an AmeriCorps member at the Kenai Peninsula Food Bank and as a roustabout in my family's water well drilling business. I'm currently a Board Member of the Greater

Kenai/ Soldotna Imagination Library. My favorite activities include, snow machining, snowshoeing, cross country skiing, fishing, water skiing, camping, and being home with a good book. This summer I plan to take a semester off of school and get my private pilot's license.

Upcoming Events

April is Sexual Assault Awareness Month



Community Awareness Workshop
April 5 - 9

23rd Annual Kenai Peninsula
Run for Women August 14

The Annual Fund Raiser will be in May
with the date TBA.

Office Closures
May 31
July 5

Class Schedule



Tuesday - Changing Patterns 1:00 - 3:00
An educational support group for women experiencing negative emotional patterns in their daily lives, which may be due to victimization (domestic violence/sexual assault) or substance abuse.

Thursday - Parenting for Women 1:00 - 3:00
An educational support group focusing on child development, logical and non-violent consequences for behavior and how to be a kind, yet firm parent.

Friday - Domestic Violence Support Group 1:00 - 3:00
The group is for women who are currently in an abusive relationship or who have experienced domestic violence in the past.

There is a \$5.00 fee for each class; however, fee waivers are available.

Contact The LeeShore Center at 283-9479.

Sharing our gifts



Barbara Waters, a LeeShore staff member, is an avid knitter and belongs to an on-line knitting community, ravelry.com. One of ravelry's sub groups is called Sharing Our Gifts – 50 projects for 50 states. The founder of that group, Sinclair S., has a vision to provide handcrafted love to a non-profit agency in every state.

Barbara Waters shows the beautiful gifts made for our emergency shelter and Transitional Living Center.

Barbara has donated her talents to each of the projects and when it was Alaska's turn, she suggested The LeeShore Center as an agency to be considered. When LeeShore was accepted, Barbara's home became the gathering spot for all the goodies and delivered them as a group to LeeShore just before Christmas.

Knitted and crocheted hats, mittens, slippers and scarves came from as near as Kenai and Palmer to as far away as Maryland and North Carolina. LeeShore clients will be warmed by items from Colorado, Oregon, Ohio, Wisconsin, California, Arizona, and Hawaii. We appreciate these gifts from the heart and hands of so many.

One of ravelry's sub groups is called Sharing Our Gifts - 50 projects for 50 states.

"Never doubt that a small group of thoughtful citizens can change the world. Indeed, it is the only thing that ever has." -Margaret Mead



*The LeeShore Center
325 S. Spruce St.
Kenai, AK 99611
www.alaska.net/~leeshore/*

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LeeShore's Clothes Closet

The LeeShore Center has a clothes closet available to everyone in our community.

Hours are:

Open to Public - Tuesday and Wednesday 10:00 am - 3:00 pm

Drop off donations - Thursday and Friday 10:00 am - 3:00 pm

Please call 283-9479 for more information.

Volunteer Corner

We are so thankful for our volunteers.

This quarter volunteers have assisted with:

Court watch and accompaniment, Sexual Assault Response Team (SART), legal advocacy at the Court House, fund raising, general maintenance/repair, nutrition classes, women's groups, craft classes, Mary Kay classes, school presentation projects, clothes closet, transporting, office assistant, attending meetings, sign checks and many other activities.

If you would like to volunteer, call the
Volunteer Coordinator at 283-9479.