



# The LeeShore Lighthouse



A Quarterly Publication of The LeeShore Center  
<http://www.leeshoreak.org>

*Services for Victims of Domestic Violence and Sexual Assault  
Support for the Central Peninsula's Families*

SUMMER 2012

VOLUME 12 NO. 2

## SPECIAL POINTS OF INTEREST:

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The Crisis Line is available 24 hours  
**283-7257**

Office hours for The LeeShore Center  
Monday - Friday  
9 am - 5 pm.  
283-9479 phone  
283-5844 fax

## 25th Annual Kenai Peninsula Run for Women

The LeeShore will host our 25th Run for Women on Saturday, August 11, 2012. In honor of our 25th Annual Run for Women, and to promote healthy families, we are including participation of male youth age 17 and under.

- Starting time: 10:00 am with a maximum finish time of 2 hours.
- The Run for Women consists of two certified races: 5K and 10K courses on a multi-looped, paved road winding through the streets of downtown Kenai. Courses are wheelchair accessible.
- The Start and Finish Line is located at the Kenai City Park on Main Street Loop across from First National Bank Alaska. Each entrant will receive a 2012 Run for Women t-shirt and promotional bag with valuable coupons and samples.
- Park at First National Bank/Mall lot. Check-in is from 8:00 am to 9:30 am on race day; although, early check-

in is encouraged. A group stretch and warm-up will be held at the park at 9:45 am

- The Awards ceremony will be held at noon. A list of goods and services needed can be found at our website at [www.leeshoreak.org](http://www.leeshoreak.org) or contact The LeeShore Center at 283-9479.

Send completed registration forms with entry fee and pledges to:

- Race Entrants, The LeeShore Center 325 S. Spruce St. Kenai, AK 99611
- Mail-in registrations must be postmarked by Friday, August 3, 2012.
- In person registration is available at The LeeShore Center through Thursday, August 9, 2012.
- The next in-person registration is Friday, August 10 from 1 - 4 pm at the Seaman Building at 601 Frontage Rd., Suite 204. Pre-registered entrants may pick up their bibs, t-shirts and promotional items at that time.

- Late registration closes at 9:30 am on race day for a fee of \$25.

Entry Fees: \$20.00 through Friday, August 10th and \$25.00 on race day. Participants may support LeeShore's efforts to end violence in our community by obtaining pledges for the Run.

- All funds raised from pledges must be turned in by race day, August 11, 2012.
- The participant raising the most pledges will receive a \$50 gift card.
- Registration fee does **not** count towards pledge amount.

Volunteers are Welcome!  
For more information or to volunteer your assistance on race day or prior to the race contact the Volunteer Coordinator at 283-9479.



2011 Run for Women

# LeeShore's Wish List

## HOUSEHOLD PRODUCTS

Liquid dish detergent Toilet Paper  
 Laundry Soap Mops  
 Paper Towels Brooms  
 Dryer Sheets Color Safe  
 Comforters Bleach  
 Towels / Washcloths Pillows  
 Twin Sheets / Twin Mattress Pads

## Miscellaneous

Diapers / Pull ups Baby Wipes  
 Phone Cards Gas cards  
 Alarm clocks Batteries  
 Gift Certificates (haircuts, etc.)

## KITCHEN / COOKWARE

Dishes Pots and Pans  
 Glassware Baking Dishes  
 Kitchen Towels Coffee Mugs  
 Food Storage Containers

## FOOD ITEMS

Rice / Beans Flour / Sugar  
 Turkey / Ham Dry Soup Mix  
 Baby Food Formula  
 Coffee / Tea / Creamer

## TOILETRY ITEMS

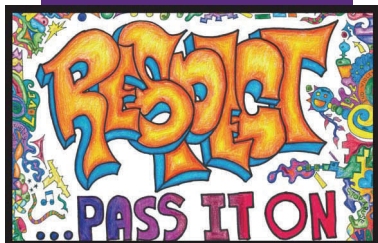
Combs / Brushes Body Lotion Shampoo  
 Toothpaste / Toothbrush Q-Tips Conditioner  
 Tampons & Pads Hand Cream

## CLOTHING (ADULT, TEEN, & CHILDREN)

Hats Gloves Scarves Socks Underclothes  
 Boots Shoes Coats Sleepwear Slippers Robes



Barbara Waters receives check from Peter Micciche photo by Merrill Sikorski



Graphic by Diane Murph, Winner of Gov. Sean Parnell's 2012 Poster contest

## “Alaskans Choose Respect”

On March 29th, The LeeShore Center held the 3rd Annual Alaskans Choose Respect Awareness Event in support of Governor Parnell's initiative to raise awareness of domestic violence and sexual assault. Featured speakers include Becky Hultberg, Commissioner for the Department of Administration for the State of Alaska, Kenai Mayor Pat Porter, Soldotna Mayor Peter Micciche and Kenai Peninsula Borough Mayor Mike Navarre. Law enforcement from Kenai Police Department, Soldotna Police Department and Alaska State Troopers provided safe escort during the walk. The Choose Respect Event was attended by 80 members from our community including representatives from many agencies.

One hundred twenty-three communities across the state took part in the public awareness campaign. “Choose Respect” is an ongoing annual effort to raise awareness of the epidemic and take action to end domestic violence and sexual assault in Alaska.

Peter Micciche presented a check from ConocoPhillips for \$2500 for LeeShore to continue the efforts. The LeeShore Center says thank you to all those who contributed their time and energy to help make our event a great success.

## Candlelight Vigil

April was Sexual Assault Awareness Month. The LeeShore Center and Kenaitze Indian Tribe, Nakenu Family Center held a candlelight vigil in remembrance of sexual assault victims at Tyotkas Elder Center on April 5th. There were 37 people who joined in the vigil and enjoyed the Heart of the Mother Earth Drum.



## Upcoming Events

**August 11 - 25th Annual  
Kenai Peninsula Run for Women**

**Community Awareness Workshop  
October 1 - 5**

**Office Closures:  
July 4  
August 6  
September 3  
October 19**

**October is Domestic Violence  
Awareness Month**

## Class Schedule



**Tuesday - Changing Patterns 1:00 - 3:00**

An educational support group for women experiencing negative emotional patterns in their daily lives, which may be due to victimization (domestic violence/sexual assault) or substance abuse.

**Thursday - Parenting for Women 1:00 - 3:00**

An educational support group focusing on child development, logical and non-violent consequences for behavior and how to be a kind, yet firm parent.

**Thursday - Positive Steps for Life 3:00 - 4:00**

A support group for women focused on the issues of recovery and addiction.

**Friday - Domestic Violence Support Group 1:00 - 3:00**

The group is for women who are currently in an abusive relationship or who have experienced domestic violence in the past.

There is a \$5.00 fee for each class; however, fee waivers are available.

Contact The LeeShore Center at 283-9479.

## Thank You for Your Support and Donations

Christ Lutheran Church, Lutheran Women's Missionary League Star of The North Lutheran Church, ASEA Cook Inlet Chapter, Keybank, Margaret Mullen, Sandra Reynolds Fund, Women of AT&T - Anchorage Chapter, those who donated to the Sportsman's Warehouse Silent Auction, those who have volunteered their time and talents - Tina Strayhorn, Jenni Giles, Rose Clement, Patsy Hobeck, Tony Oliver, Jan Daniels, Jennifer Joanis, Elena Powers, Sue Seggerman, Dorothy Gray, Elijah Stafford, Dane Myers, Carol Bannock, Ashley Blatchford, Viann Mack, Lisa Kaa'ihue, Mike Reilly, Terri Anderson, Nellie Jones, to those who attended our Community Awareness Workshop, to all who donate to our clothes closet.

The LeeShore Center would like to express our gratitude to Tsalteshi Trails for donating proceeds of their She Can Ski race event to our agency. A total of \$1551 was donated, which helps in our work to provide safe shelter and services to victims of domestic violence and sexual assault in our community.

We are appreciative of each and every person  
helping our cause to end violence.

A total of \$2499 was donated to our agency, which helps tremendously in our work to provide safe shelter and services to victims...

LeeShore is pleased to announce it has received the grant for the Coastal Service Delivery area.

## Thank You

The LeeShore Center would like to express our deep gratitude to The Sportsman's Warehouse for donating silent auction proceeds to our agency from their 1<sup>st</sup> Annual Ladies Night event in February. And thank you Cold Stone Creamery for donating proceeds from ice cream sold at the event to LeeShore as well. A total of \$2499 was donated to our agency, which helps tremendously in our work to provide safe shelter and services to victims of domestic violence and sexual assault in our community. LeeShore would also like to thank Fishin' Chix's for donating \$130 to our agency from their Alaska Fishin' Chix's Ice Fishing Derby also held in February. The generosity shown by Sportsman's Warehouse, Cold Stone Creamery and Fishin' Chix is much appreciated by all of us at LeeShore!

Thank you for your support and community spirit!

## Child Care Assistance Grant Awards for LeeShore

The Child Care Program Office (CCPO) is excited to announce issuance of Notices of Grant Awards for the Fiscal Year 2013 - 2015 grant cycle to successful applicants for the administration of the Child Care Assistance Program (CCAP). The LeeShore Center is pleased to announce it has received the grant for the Coastal Service Delivery area which includes Northwest Arctic, Nome, Wade Hampton, Bethel, Dillingham, Bristol Bay, Kenai, Kodiak, Aleutians East and West.



The CCPO, along with the current and new grantees, is collaborating on a seamless transition plan to ensure continuity in the delivery of CCAP services to all customers. The CCPO, via the US Postal Service, will notify families, child care providers participating in the CCAP, and related partner agencies of the specifics regarding the successful Child Care Assistance grantee for their community. The new grantees will be reaching out to the communities within their service delivery areas to partner and make CCAP information readily available for families and providers.

The State of Alaska awarded grants for the CCAP to grantees through an open competitive Request for Proposal (RFP) process.

LeeShore's Child Care Assistance Program is located in Kenai at 601 Frontage Rd. Suite 204 , phone 283-4707.

## Local Student and friends help LeeShore during Lemonade Day



Nine year old Keelin McGraw decided to have a lemonade stand and choose The LeeShore Center to donate half of her proceeds. She and her cousin, brother and sister along with her mother asked Safeway in Kenai if they could have a lemonade stand inside their store on May 5th. Safeway graciously agreed. Soldotna and Kenai Chambers coordinated the day of May 5th for approximately 100 kids to have stands in front of local merchants to teach kids to become entrepreneurs and start their own business. Keelin wanted to give some of the money earned to her helpers and was able to keep some for herself as well. With her mother as

banker, Keelin thought it would help to have brownies and cookies available to sell. After all of her supplies deducted, Keelin presented a check for \$140 to The LeeShore Center. Thank you Keelin for your kind heart and generosity in helping our efforts to end violence in our community.

*...to teach kids to become entrepreneurs and start their own business*

## Volunteer Opportunities

We require all volunteers who work directly with our clients to complete the Community Awareness Workshop on Domestic Violence and Sexual Assault and other training relevant to the position. The LeeShore Center provides such training. For further information on how you may become a valued volunteer with The LeeShore Center, contact the Volunteer Coordinator at 283-9479.

### **Non-Crisis Volunteer Opportunities**

#### **Activities with women and children:**

Would you like to teach crafts, do cooking projects, demonstrations, story time for children, teach aerobics?

#### **Fundraiser and Awareness Events:**

Volunteers help out at the Kenai Peninsula Run for Women.



#### **Handy Person:**

Is your best friend your toolbox? Do you have a garage full of building materials that aren't being used? We could always use a volunteer to help with the electrical, plumbing, and carpentry. Donations are also very much appreciated.



If you would like to volunteer, call the Volunteer Coordinator at 283-9479.



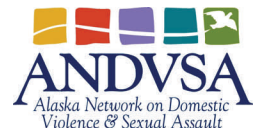


*The LeeShore Center  
325 S. Spruce St.  
Kenai, AK 99611  
www.leeshoreak.org*

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LeeShore is a member program of the Alaska Network on Domestic Violence & Sexual Assault



### **LeeShore's Clothes Closet**

The LeeShore Center has a clothes closet available to everyone in our community.

Hours are:

Open to Public - Tuesday and Wednesday 10:00 am - 4:00 pm.

Drop off donations - Thursday and Friday 10:00 am - 4:00 pm

Please call 283-9479 for more information.

## **Volunteer of the Quarter**

The LeeShore Center honors Tony Oliver as Volunteer of the Quarter for **April - June, 2012**. Tony began his volunteering with LeeShore in September 2009 doing maintenance and repair work at our transitional living facility. Tony has also helped us with safety positions during our Run for Women. Thank you so much for your dedication to The LeeShore Center. Without you volunteering the repairs would not be completed.

For the months of **July - September, 2012** the Volunteer of the Quarter recognition goes to Lindsay Anasogak. Lindsay is an advocate through the Kenaitze Indian Tribe volunteering at our emergency shelter and transitional living facility providing education and resources to victims. She also helps at our Run for Women. Thank you for your support Lindsay.

### **Congratulations Tony and Lindsay!**

If you would like to volunteer, call the volunteer coordinator at 283-9479.

The LeeShore Center is proud to be a United Way agency.

